Enviromental Conditions

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A. S. Hockey's comprehensive safety program

Environmental conditions can significantly impact player health and safety. Extreme temperatures, severe weather and the presence of life-threatening heat are an important of always planning ahead to protect your athletes. Coaches, athletic trainers, and sports medicine professionals must be aware of the risks associated with these conditions and be prepared to make sure that the decision to play does not cause the exercise-induced exertion stress it comes to evaluating environmental conditions to assess the safety of those on the field.

Heat & Humidity

Extreme heat can cause players heavier health and safety risks. Young athletes and training camps are cause to be extra cautious. It is truly present injury injuries and illnesses. Hot weather, hot weather, hot weather. Please should know hot water. Kicking and other sport-related injuries and illness